

Volvo Open Cup TECHNICAL DATA 2016/2017

A class

Pre-Chicks A Free Skating only Girls and Boys
(2010 and younger) 2 min.+/-10 sec.

- a) maximum of four (4) jump elements (one of which must be an Axel type jump);
- b) maximum of two (2) jump combinations or sequences
(jump combination can contain only two (2) jumps)
- c) maximum of two (2) spins of a different nature (minimum of 3 revolutions each);
- d) one (1) step sequence.

CHICKS A Free Skating only Girls and Boys
(2008/2009 and younger) 2 min.+/-10 sec.

- a) maximum of four (4) jump elements (one of which must be an Axel type jump);
- b) maximum of two (2) jump combinations or sequences
(jump combination can contain only two (2) jumps)
- c) maximum of two (2) spins of a different nature (minimum of 3 revolutions each);
- d) one (1) step sequence.

CUBS A Free Skating only Girls and Boys
(2006/2007) 2 min. 30 sec., +/- 10 sec.

- a) maximum of four (4) jump elements (one of which must be an Axel type jump);
- b) maximum of two (2) jump combinations or sequences
(Only one jump combination may consist of three (3) jumps);
- c) maximum of two (2) spins of a different nature, one of which must be a spin combination with one (1) change of foot and at least one (1) change of position (minimum of three (3) revolutions on each foot), one spin is optional (minimum of three (3) revolutions);
- d) one step sequence.

IMPORTANT !

1. In all categories listed above the Program Components are only judged in

- Skating Skills
- Performance/execution

The Factor of the Program Components is • **2.5**

2. In all elements which are subject to Levels, only features up to **Level 2** will be counted. Any additional features will not count for Level requirements and will be ignored by the Technical Panel.

3. Evaluation is in accordance with ISU Communication No. 1724 (or any update of this Communication).

4. No jump with the same name may be repeated more than twice including Axel type jumps.
5. A jump sequence can contain any number of jumps, but only two (2) most difficult jumps will be counted.
6. Time violation - 0.5 point deduction for every 5 seconds in excess.
7. Falls - 0.5 point deduction for every fall
8. Interruption – 0,5
9. Warm up group up to 10 skaters
10. Warm up 5 min.

B class

Pre-Chicks B Free Skating only Girls and Boys
(2010 and younger) 2 min., +/- 10 sec.

- a) maximum of four (4) jump elements
 - b) maximum of one (1) jump combinations or sequences (jump combination can contain only two (2) jumps. A jump combination containing three (3) jumps is not allowed);
 - c) maximum of two (2) spins of a different nature (minimum of 3 revolutions each);
 - d) one (1) step sequence.
- **Axel, Lutz, Flip and double (2) jumps are not allowed in pre-chicks category !!!**

CHICKS B Free Skating only Girls and Boys
(2008/2009 and younger) 2 min.+/-10 sec.

- a) maximum of four (4) jump elements
 - b) maximum of two (2) jump combinations or sequences (NB! A jump combination can contain only two (2) jumps. A jump combination containing three (3) jumps is not permitted);
 - c) maximum of two (2) spins of a different nature (minimum of 3 revolutions each);
 - d) one (1) step sequence.
- **Axel and double (2) jumps are not allowed**

CUBS B Free Skating only Girls and Boys
(2006/2007) 2 min.30 sec., +/- 10 sec.

- a) maximum of four (4) jump elements;
 - b) maximum of two (2) jump combinations or sequences
(Only one jump combination may consist of three (3) jumps);
 - c) maximum of two (2) spins of a different nature (minimum of three (3) revolutions);
 - d) one step sequence.
- **Axel and one (1) double jump are allowed not more than two (2) times.**

SPRINGS B Free Skating only Girls and Boys

(2004/2005) 2 min.30 sec., +/- 10 sec.

- a) maximum of four (4) jump elements (one of which must be an Axel type jump);
 - b) maximum of two (2) jump combinations or sequences
(Only one jump combination may consist of three (3) jumps);
 - c) maximum of three (3) spins of a different nature (minimum of three (3) revolutions);
 - d) one step sequence.
- Maximum 2 (two) different double jumps are allowed and they cannot be repeated more than twice.

IMPORTANT !

1. In all categories listed above the Program Components are only judged in
 - Skating Skills
 - Performance/execution

The Factor of the Program Components is **2.5**

2. In all elements which are subject to Levels, only features up to **Level Base** will be counted. Any additional features will not count for Level requirements and will be ignored by the Technical Panel.
3. Evaluation is in accordance with ISU Communication No. 1724 (or any update of this Communication).
4. No jump with the same name may be repeated more than twice including Axel type jumps.
5. A jump sequence can contain any number of jumps, but only two (2) most difficult jumps will be counted.
6. Time violation – **0.5** point deduction for every 5 seconds in excess
7. Falls - Pre-Chicks • 0.25 point deduction for every fall
Chicks, Cubs Springs • 0.5 point deduction for every fall
8. Interruption – 0,5
9. Warm up group up to 10 skaters
10. Warm up 5 min.

NOVICE B Free Skating only 3 min. +/- 10 sec.

- Age limits:
- has reached at least the age of ten (10)
 - has not reached the age of fifteen (15) before July 1st preceding the event

- a) Maximum of 5 jump elements (girls and boys) one of which must be an Axel type jump.

There may be up to two (2) jump combinations or sequences. A jump combination can contain only two (2) jumps. A jump sequence can contain any number of jumps, but only two most difficult jumps will be counted.

- b) There must be a maximum of three (3) spins of a different nature, one of which must be a spin combination (minimum of ten (10) revolutions in total), one

a flying spin or a spin with a flying entrance (minimum of five (5) revolutions in total) and one spin is optional (minimum of five (5) revolutions).

c) One step sequence

IMPORTANT !

1. The Program Components are only judged in

- Skating Skills
- Performance/Execution
- Interpretation

The Factor of the Program Components is

- for boys **2.5**
- for girls **2.0**

2. Any jump with the same name cannot be included more than two (2) times in total.

3. Time violation - 1.0 point deduction for every 5 seconds in excess

4. Falls - 0.5 point deduction for every fall

5. Warm up group up to 8 skaters

6. Warm up 5 min.

7. Deductions for Interruption: - more than 10 seconds up to 20 seconds: - 0.5
- more than 20 seconds up to 30 seconds: - 1.0
- more than 30 seconds up to 40 seconds: - 1.5
- more than 40 seconds - 2.0

8. In all elements which are subject to Levels, only features up to **Level 2** will be counted. Any additional features will not count for Level requirements and will be ignored by the Technical Panel.

JUNIOR B Free Skating only 3 min., +/- 10 sec.

a) maximum of five (5) jump elements one of which must be an Axel type jump;

b) maximum of two (2) jump combinations or sequences; **(Only one jump combination may consist of three (3) jumps)**

c) three (3) spins of a different nature, one of which must be a spin combination (minimum of ten (10) revolutions in total), one a flying spin (minimum of six (6) revolutions) and one spin is optional (minimum of six (6) revolutions);

d) one(1) step sequence.

1. The Program Components are only judged in

- Skating Skills
- Transitions
- Performance/Execution
- Interpretation

The factor for the Program Components is

- for men **2.5**
- for ladies **2.0**

2. Any jump with the same name cannot be included more than two (2) times in total.

3. Time violation - 1.0 point deduction for every 5 seconds in excess

4. Falls - 1.0 point deduction for every fall

Levels explanations:

In all elements which are subject to Levels, only features up to **Level 2** will be counted. Any additional features will not count for Level requirements and will be ignored by the Technical Panel.

SENIOR B Free Skating only 3.30 min., +/- 10 sec.

- a) maximum of six (6) jump elements one of which must be an Axel type jump;
- b) maximum of three (3) jump combinations or sequences; **(Only one jump combination may consist of three (3) jumps)**
- c) three (3) spins of a different nature, one of which must be a spin combination (minimum of ten (10) revolutions in total), one a flying spin (minimum of six (6) revolutions) and one spin is optional (minimum of six (6) revolutions);
- d) one(1) step sequence.

1. The Program Components are only judged in

- Skating Skills
- Transitions
- Performance/Execution
- Interpretation

The factor for the Program Components is

- for men 2.5
- for ladies 2.0

2. Any jump with the same name cannot be included more than two (2) times in total.

3. Time violation - 1.0 point deduction for every 5 seconds in excess

4. Falls - 1.0 point deduction for every fall

Levels explanations:

In all elements which are subject to Levels, only features up to **Level 3** will be counted. Any additional features will not count for Level requirements and will be ignored by the Technical Panel.

BEGINNERS

BEGINNERS born 2005-2008 and younger Free Program: 2:00 min (± 10 sek)
(1 Axel and double jumps are forbidden)

Free program 2:00 minutes ± 10 sec.

- a) Maximum four (4) jump elements
- b) maximum of two (2) jump combinations or sequences (NB! A jump combination can contain only two (2) jumps. A jump combination containing three (3) jumps is not permitted)
- c) maximum of two (2) spins of a different nature (minimum of 3 revolutions each).
- d) Step sequence (2/3 cover of the ice), (straight line, circular or serpentine).
1 Axel and double jumps are not allowed

BEGINNERS born 1996 -2000 and 2000-2004 Free Program: 2:30 min(± 10 sek)
(1Axel and one (1) double jump are allowed)

- a) Maximum five (5) jump elements
- b) maximum of two (2) jump combinations or sequences (NB! A jump combination can contain only two (2) jumps. A jump combination containing three (3) jumps is not permitted)
- c) maximum of two (2) spins of a different nature (minimum of 3 revolutions each).
- d) Step sequence (2/3 cover of the ice), (straight line, circular or serpentine).
1 Axel and one (1) double jump are allowed

BEGINNERS born 1986 -1996 Free Program: 2:30 min (± 10 sek)
(1Axel and one (1) double jump are allowed)

- a) Maximum five (5) jump elements
- b) maximum of two (2) jump combinations or sequences (NB! A jump combination can contain only two (2) jumps. A jump combination containing three (3) jumps is not permitted)
- c) maximum of two (2) spins of a different nature (minimum of 3 revolutions each).
- d) Step sequence (2/3 cover of the ice), (straight line, circular or serpentine).
1 Axel and one (1) double jump are allowed

IMPORTANT !

1. In all categories listed above the Program Components are only judged in
 - Skating Skills
 - Performance/execution

The Factor of the Program Components is **2.5**

2. In all elements which are subject to Levels, only features up to Level Base will be counted. Any additional features will not count for Level requirements and will be ignored by the Technical Panel.
3. Evaluation is in accordance with ISU Communication No. 1724 (or any update of this Communication).
4. No jump with the same name may be repeated more than twice including Axel type jumps.
5. A jump sequence can contain any number of jumps, but only two (2) most difficult jumps will be counted.
6. Time violation - **0.5** point deduction for every 5 seconds in excess
7. Falls - 0.5 point deduction for every fall
8. Interruption – 0,5
9. Warm up group up to 10 skaters
10. Warm up 5 min.